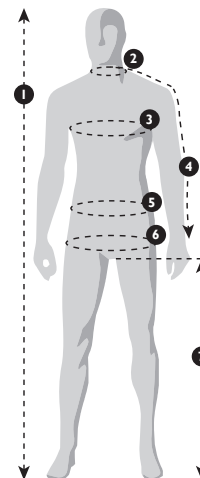


Sizing Guidelines

- 1. Height** Stand straight against a wall without your shoes. Measure from the top of your head to the bottom of your feet.
- 2. Neck** Measure around the base of your neck where a collared shirt would fit, or measure a collarband on a shirt that fits you well. Lay the collarband flat. Measure from the beginning of the button hole to the centre of the button.
- 3. Chest** Measure well under your arms, across your shoulder blades and over the fullest part of your chest. Hold the tape firmly, but not tightly. Be sure the tape is level and straight across your back. Stand naturally.
- 4. Sleeve** Bend elbow slightly. Start at the centre, back of the neck and measure across the shoulder to the elbow and down to the wrist.
- 5. Waist** First, remove your belt. Then, measure over shirt (not over pants) at the position you normally wear your pants. Hold the tape firmly, but not tightly.
- 6. Hips** Stand with your heels together. Measure around the fullest part of your hips, holding the tape measure level.
- 7. Inseam** Use similar style pants that fit you well. Lay them flat, with the front and back creases smooth. Measure along the inside seam of one leg from the bottom of the hem to the crotch.



Coverall Sizing										
Size/Tag	34	36	38	40	42	44	46	48	50	52
Chest	30	32	34	36	38	40	42	44	46	48
Waist	22	24	26	28	30	32	34	36	38	40
Neck	12.5	13	13.5	14	14.5	15	15.5	16	16.5	17
Weight (lbs)	140	150	160	170	180	190	200	210	220	230
Size/Tag	54	56	58	60	62	64	66	68	70	
Chest	50	52	54	56	58	60	62	64	66	
Waist	42	44	46	48	50	52	54	56	58	
Neck	17.5	18	18.5	19	19.5	20	20.5	21	21.5	
Weight (lbs)	240	250	260	270	280	290	300	310	320	

Alpha-Numeric	
XS	32-34
S	36-38
M	40-42
L	44-46
XL	48-50
2XL	52-54
3XL	56-58
4XL	60-62
5XL	64-66

Outerwear Sizing - Parkas/Coveralls									
Size/Tag	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Chest	32-34	36-38	40-42	44-46	48-50	52-54	56-58	60-62	64-66
Waist	26-28	30-32	34-36	38-40	42-44	46-48	50-52	54-56	58-60
Neck	13.5-14	14.5-15	15.5-16	16.5-17	17.5-18	18.5-19	19.5-20	20.5-21	21.5-22
Weight (lbs)	120-140	145-160	165-180	185-200	205-220	225-240	245-260	265-280	285-300

Outerwear Sizing - Bib Pants							
Size/Tag	S	M	L	XL	2XL	3XL	4XL
Chest	36-38	40-42	44-46	48-50	52-54	56-58	60-62
Waist	30-32	34-36	38-40	42-44	46-48	50-52	54-56
Weight (lbs)	145-160	165-180	185-200	205-220	225-240	245-260	265-280

Work Shirt Sizing							
Size/Tag	S	M	L	XL	2XL	3XL	4XL
Chest	30-32	34-36	38-40	42-44	46-48	50-52	54-56
Neck	18-19	19-20	20-21	21-22	22-23	23-24	24-25
Length Back	30.125	30.75	31.625	32.375	33.125	33.875	34.5

Henley Shirt Sizing							
Size/Tag	S	M	L	XL	2XL	3XL	4XL
Chest	30-32	34-36	38-40	42-44	46-48	50-52	54-56
Neck	18-19	19-20	20-21	21-22	22-23	23-24	24-25
Length Back	30	30.5	31	31.5	32	33.5	34.5

Work Pants Sizing												
Size/Tag	28	30	32	34	36	38	40	42	44	46	48	50
Waist	28	30	32	34	36	38	40	42	44	46	48	50

2-Piece Coverall Womens & Mens Sizing												
Size/Tag	34	36	38	40	42	44	46	48	50	52	54	
Chest	30	32	34	36	38	40	42	44	46	48	50	
Waist	24	26	28	30	32	34	36	38	40	42	44	
Neck	13	13.5	14	14.5	15	15.5	16	16.5	17	17.5	18	
Weight (lbs)	140	150	160	170	180	190	200	210	220	230	240	

***Note: 2-Piece Coverall tops were designed to fit women or shorter men. Most Men will fit a tall jacket size.**

****Note: 2-Piece Coverall bottoms are measured with standard coverall sizing, not waist sizing.**

(R) Regular (5'6" to 5'11") (T) Tall (5'11" to 6'3")

*****Tall Sizes-Longer than Regular by 2" in the arms, legs and 1 1/2" in the body of the garment.**

Please remember that this sizing guide is just a guide and that every persons body shape varies, so fit may vary from person to person.